



HEALTH GARDE
INTERNATIONAL

HEALTHGARDE

Trend Setters



VOLUME 5
2025

Together
WE RISE

TECH SAVVY



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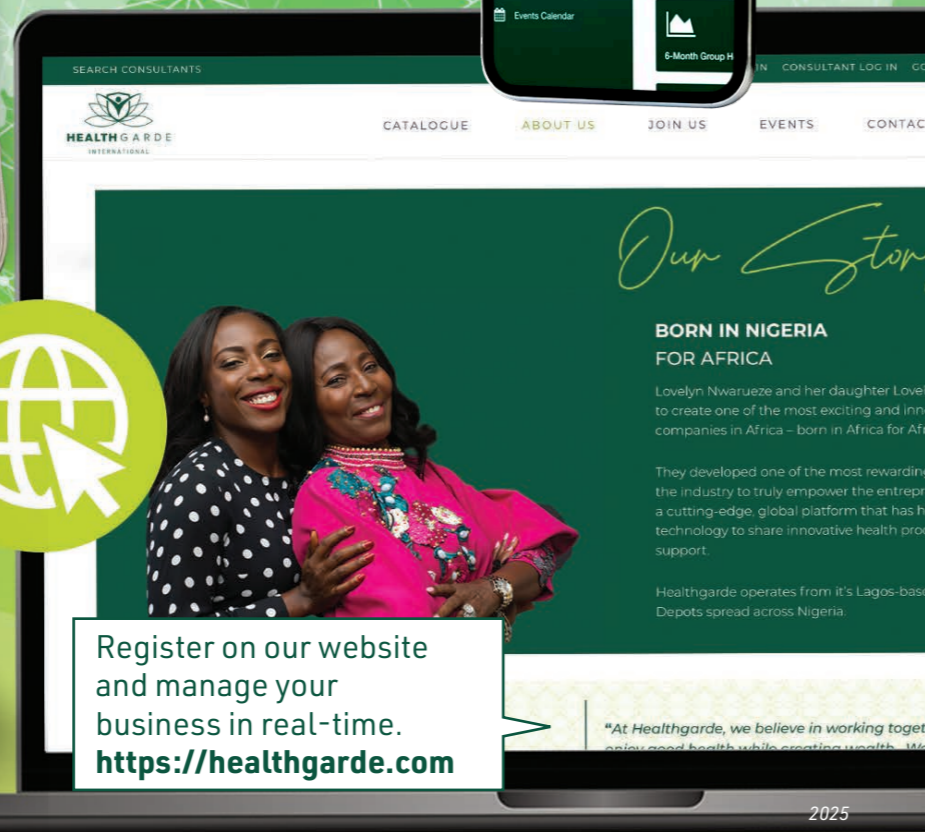
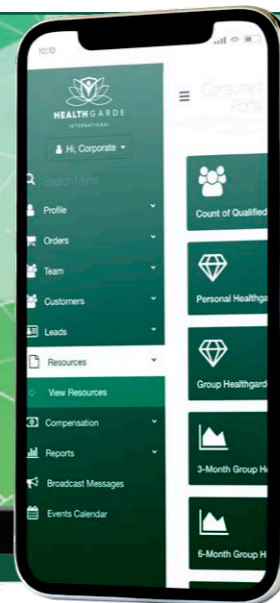
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HEALTHGARDE
INTERNATIONAL



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WELCOME TO HEALTHGARDE!

At Healthgarde we believe that
we are stronger together than
individually



OUR MISSION:

We strive to provide our consultants with unique products of the highest quality while delivering an unbeatable compensation plan which will enrich and change the lives of Africans.

- WE BELIEVE IN **INTEGRITY**
- WE BELIEVE IN **LEADERSHIP**
- WE BELIEVE IN **INNOVATION**
- WE BELIEVE IN **PROFESSIONALISM**
- WE BELIEVE IN **PASSION**
- WE BELIEVE IN **FAMILY**
- WE BELIEVE IN **YOU!**

Together
WE RISE

Nneka, Lovelyn and the management team are committed to reflecting the values, mission and vision of Healthgarde.

WE ARE BETTER.
WE ARE DIFFERENT.
WE ARE PROUDLY AFRICAN.
WE ARE HEALTHGARDE.





NNEKA NWARUEZE
CEO, HEALTHGARDE INTERNATIONAL

Dear Healthgardians, WELCOME TO OUR YEAR OF GRACE. We thank God for seeing us through another year. Cheers to fantastic years ahead!"

Congratulations on reaching the 5-year milestone! Your commitment and contributions have kept us afloat and we're lucky to have such hard working staff and amazing consultants.

The number 5 symbolizes freedom, curiosity and change, which can be interpreted as having the desire to adventure and explore new possibilities.

Whereas many of our competitors have fizzled out. IT CAN ONLY BE THE MERCY OF GOD THAT SAW US THROUGH THE PAST FOUR YEARS. It was four years of turbulence, uncertainty, challenges, learning, planning and preparation.

My thanks go to Almighty God, the management and staff, our God sent helpers, our indefinable network directors and executives for your significant impact that saw us through.

Despite all, we have made a significant difference in the lives of many people. Some travelled overseas (including a Quliquili Seller). Some bought their own homes, lands and sent their children to private schools of their choice. For many whose partner lost their jobs, they were able to bridge the gap and many have been lifted above poverty. 2025 is our year of breaking new grounds, as such, we shall be launching new locally effective made products to augment the current products; bearing demand and needs in mind.

There are plans to establish affordable eye clinics and laboratories services in most of our offices, which will be

manned by qualified doctors. This is to afford our consultants and customers the opportunity of recommending precise products that can assist in the well-being of our numerous customers. Adeniyi Jones eye clinic will start operating on 9th of January and before the end of first quarter, the other offices clinics will hopefully follow suite.

We continue to work hard to improve our customer service and trainings at all our depots. We will also continue to improve our compensation plan to help both consultants and Healthgarde to achieve maximum benefits.

As this is our year of grace, we are expected to explore and venture into more ways of doing our business with ease and achieving better results. This can only happen if we do the following and others:

- Leave your comfort zones. It is zone of dream killing, procrastination. Poverty and laziness.
- Think out of the box. Look to solutions not problems.
- Do things differently from what you have done in the past
- Attend trainings both physical and online. Come on time. Punctuality is the soul of a business. Learners are winners.
- Recruit, train and follow up consistently.
- Leave excuses because they are for lazy, confused, incompetent and weak people.
- Everything you do this year you must be intentional.
- Focus on your goals. Give blind mind, ears and eyes to gossip and dream killers. There is no free food or greener land anywhere. God helps those who help themselves
- With the God factor, (prayers), your projects will be completed and new ones born.

Let us continue to Rise.



LOVELYN BASSEY
COO, HEALTHGARDE INTERNATIONAL

When we came together, as a group of women, to start Healthgarde in 2018. one of the biggest things for us was the transition of the Brand Swissgarde to Healthgarde and doing so on a high level while retaining the core of our business and consultants. It was no easy feat putting the operations together and in motion, but it was what was necessary to birth our baby "Healthgarde International".

Looking back to the launch in 2020, I remember there being so many moving pieces but our determination was to ensure there is a solid foundation for those pieces to stand on.

Although people like to think that infrastructure, systems and product are the foundation for a successful business, I like to think differently. I believe people are the foundation of a successful business; our stakeholders. In our case, this would include customers, our salesforce (consultants) and staff.

This is the foundation we needed to get right and everything else had to cater for the stakeholders. There would be no point to having the best operations that do not cater for your stakeholders. Therefore, over the years that we have been operational, we have looked to improving our operations to the benefit of our stakeholders, particularly our consultants.

Even when changes to the compensation plan are being made, we ask questions such as: Do these changes drive the right behaviour to create a sustainable business for the consultants, and will the consultants make money from this.

Over the last year, despite terrible and rising inflation in Nigeria and other African countries we are in (such as Uganda), we have had to still take our stakeholders into consideration as we adjusted our operations to fit into these various environments and still thrive.

Over the past year, we have seen a rise in online selling and our consultants embracing this more and more as the Healthgarde brand awareness grows more around Africa and the world.

We have changed to the point system to provide more stability in the compensation plan and pricing. We have made improvements on our software. We had new stockists come on board and we look forward to having more in 2025.

We have partnered with a courier company, Aramex to aid our consultants ship / courier easier with their growing online business. We encourage our consultants to utilise this benefit to their advantage for quicker and wider distribution of Healthgarde products.

We have also had to re-structure our operations in Ghana and the USA to allow space for the development of franchise entrepreneurs. Therefore we encourage our consultants who have entrepreneurs in various African countries and would want to launch a Healthgarde franchise, to contact me. This is a major focus for us right now and we look forward to developing this. Remember it's first come first served (so to say).

We took a record number of consultants to South Africa and enjoyed a well-deserved get-away with our top consultants. (see pictures in this magazine)

2025 is going to be a great year. We have so many surprises, promotions, incentives, give-aways, recognitions, events, trips and many more just for you. If your name & picture are not in this Trendsetters magazine this year, make sure you are in the next volume, volume 6.

If you are reading this and you are yet to join us, I urge you to join the fastest growing Health & Wellness network marketing company in Africa, created by Africans for Africans, and take your life to the next level.

Together We Rise

MEET OUR SALES AND MARKETING TEAM



CHRISTINE BORRETT

**MARKETING
CONSULTANT**

OUR WEALTH-BUILDING OPPORTUNITY

Network Marketing is well known throughout the world as a genuine income generating opportunity.

Many people are moving towards a home-based business which can produce either full-time earnings or a part time second income.

People who already have full time employment are looking for a back-up plan because we live in such insecure times where traditional jobs are being lost on a daily basis.

Healthgarde offers such an opportunity so, let's talk about how our plan offers the best wealth-building business available either full time or part time.

Many people start part time and then later move to full time once their earnings from their Healthgarde business exceeds their regular income.

WEALTH - BUILDING WITH HEALTHGARDE

Our compensation plan offers you a ready-made career path with achievable milestones along the way.

Taking advantage of all our earnings opportunities is the best way to grow wealth.

You are free to choose how you wish to grow your business – some people start small and grow month by month, others like to start with a bang and grow from Associate to Group Consultant in their first month!!

Either way you can earn from your first month and basically write your own cheque! You decide how much you need to earn and take it from there.

Ensure that you are bonus qualified each and every month in order to earn all the bonuses due to you. This means that you have done your personal sales for the month.

GETTING BETTER ALL THE TIME

With Healthgarde there is always something exciting happening, an incentive with great prizes, amazing promotions and enhancements to our compensation plan. We are always looking for ways to improve our plan and help our consultants earn more money.

For example, our enroller bonus is now 5% which means that all consultants earn more on their new recruits every time they buy. This is a great way to boost your earnings.

We have also implemented a "Promote and maintain bonus" which rewards new Managers and higher with cash awards for moving up and earning at title for one month. Wow, this is amazing!

The fast start programme has also been changed during 2024. There is now only Fast Start 1 and Fast Start 3 and we encourage everyone to take advantage of the One Time Fast Start Bonus.

Our biggest project for 2024 on our compensation plan was our new points system which has made a big difference. Our points are called Healthgarde Bucks (HGB) Using HGB makes it easier to explain the plan and it is a flexible way to avoid having to change the numbers in plan, if needed.

Be on the look-out for more exciting developments during 2025!

MEET OUR SALES AND MARKETING TEAM



CHARITY IKEDIFE

**MARKETING MANAGER
NIGERIA**

I am truly grateful and proud to be part of the incredible success story of Healthgarde. The year 2024 kicked off with remarkable achievements, including the success of the February conference, being honored as Staff of the Year, and a rewarding trip to South Africa. However, 2024 was also a year of challenges and triumphs. The ongoing rise in exchange rates led to a surge in inflation, driving up the cost of our products. Despite this, we were fortunate to have a dedicated and loyal group of distributors; men and women who share Healthgarde's vision and have chosen to stand by us, even in tough times.

I am especially proud of those who consistently strive to reach new heights, especially those who earned their place on the November 2024 South Africa trip. Healthgarde truly believes in rewarding its achievers, and these individuals certainly earned their well-deserved recognition, enjoying unforgettable experiences such as visits to Table Mountain, Robben Island, and a luxurious yacht cruise. Healthgarde is indeed a remarkable place to be!

As we step into 2025, filled with limitless opportunities for growth and success, we have a wide range of events lined up for 2025, including Regional conferences,

"Healthgarde is a community of individuals who are into the business of touching lives. Our brand portfolio and incentives make marketing at Healthgarde a rewarding and exciting career opportunity."

Recognitions, trade fairs, street storming, state activations, and many other activities designed to help grow your business and keep it thriving throughout the year. Know that we remain deeply committed to providing you with the training and support you need, not only to increase your earnings but also to help you qualify for additional incentives, especially the exciting overseas trips.

Stronger Together

"Consultants are usually given the experience of a lifetime and what gives us so much motivation at Healthgarde is the joy that these trips bring to our the qualifiers."

MEET OUR SALES AND MARKETING TEAM



"Thank you for being an essential part of the Healthgarde family. Here's to a prosperous, exciting, and successful year ahead!"

ALEX NWARUEZE
CHIEF DIGITAL OFFICER

Celebrating an Incredible 2024:
Thank You, Healthguardians!

As we closed out an amazing 2024, we at the Digital Team want to take a moment to express our deepest gratitude to the heart of our success—you, our incredible consultants. Last year has been nothing short of extraordinary, and it's all thanks to your hard work, passion, and commitment to spreading our mission of health and wellness to communities across the country.

Your Social Media Engagement: A Game-Changer

One of the highlights of 2024 was watching your enthusiasm and creativity shine on social media. From sharing our posts to crafting your own inspiring content, your engagement has amplified our message in ways we couldn't have imagined.

Every like, share, comment, and story has helped introduce more people to Healthgarde's transformative products and business opportunity. You're not just building your own success—you're building a vibrant, supportive community that believes in the power of health and entrepreneurship.

Looking Ahead: Exciting Updates in 2025

As we step into 2025, we're more committed than ever to supporting your journey. Your feedback has been invaluable, and we're thrilled to share some exciting developments for the coming year:

- **A Redesigned Website:** We're giving our website a fresh new look, making it more intuitive and user-friendly to enhance your experience.
- **Improved User Experience:** Expect streamlined tools and features that make it easier for you to manage your business, engage customers, and onboard new consultants.
- **Expanded Digital Resources:** Look forward to new content, training, and digital assets designed to empower your success and inspire your network.

These enhancements are designed to help you shine even brighter as a Healthgarde consultant.

Keep Up the Amazing Work!

Your dedication is what drives us to innovate and grow, and we can't wait to see all that we'll achieve together in 2025. Let's continue to dream big, set new goals, and make a lasting impact on lives around the world.

Thank you for being an essential part of the Healthgarde family. Here's to a prosperous, exciting, and successful year ahead!

With gratitude,
The Digital Team
Healthgarde International

MEET OUR SALES AND MARKETING TEAM



**IKECHUKWU
KINGSLEY ONYEMAH**
**HEAD OF TRAINERS
NIGERIA**

My name is Ikechukwu Kingsley Onyemah in the training department for Healthgarde International.

From day one, one thing that has remained constant is the testimonials of lives touched through physical and financial well-being, which is the core of Healthgarde International.

Thus, combining customer service with training on our great compensation plan and excellent products, which have stood the test of time at Healthgarde International, has taught me confidence that can only be derived from an organization with proven integrity like Healthgarde International.

Healthgarde International has made a tremendous impact across Africa and the world at large through its team of dedicated management, consultants, and staff.

With a product range of over thirty different Healthgarde lines, for immune boosting, Stress management, prostate care, arthritis, fibroids, fertility, Cancer, osteoporosis, edema, weight management etc.

Virtually all consultants in Healthgarde International were at one time, product users who at different times came for their personal needs, saw the benefits (result) and became ardent distributors for the benefit of others.

Our products are tailored to help you live through life a lot healthier. Sometimes our daily hustle, job and

family demands can exert so much stress in our body, This, for most people has become a reality they have deemed above their control, However, Healthgarde STRESSGARDE, RELAX TEA and CALMEEZE have helped many who discovered their potency to balance work and rest. Doing this can save you a lot in the future on medical expenses including preventing or managing High blood Pressure.

Now, what if one product could revolutionize your health or the way you resolve certain health issues? For many, they struck gold with Healthgarde ALOE VITE, arguably one of our best selling products with decades of testimonies about its efficacy. From the first sip, Aloe Vite is so refreshing and gives your body a burst of energy which comes from nature's rich Sutherlandia with a mix of Aloe Ferox, Ascorbic Acid, Aloe Bitter, Green Tea, and Ginseng Panax. This drink not only boosts your energy level, its rich antioxidant content also provides a shield for your body by boosting your immune system, thus, protecting you against free radicals which can cause damage to your health.

Further, men, do you know that one little change in your habit can make a big difference in your prostate health? In line with our Vision of helping the society achieve or realize their goal of physical wellness, one of such areas where our products have stood out in the area of helping men maintain a healthy prostate is with our 40 PLUS FOR MEN. Prostate health becomes increasingly important as men grow older, yet many don't realize how simple it can be to support their prostate and vitality. Symptoms like frequent urination and difficulty passing urine can affect a man's quality of life, but you don't have to go through all that, 40 PLUS FOR MEN is formulated with natural ingredients like saw palmetto, Zinc etc. to promote a healthy prostate, improve urinary flow and support overall wellness for men.

Finally, imagine supporting your children's health in a tasty manner that makes them want more. Healthgarde KIDGARDE is a multivitamin your kids will love. Your growing child needs the right nutrients to fuel their energy, strengthen their immunity, build strong bones and support healthy growth all in a tasty gummy your kids can finish in a day if left alone. Give your child the much needed boost for growth with KIDGARDE.

In all, Healthgarde has got something for every member of the family! Take charge of your health with the Healthgarde range of products today and you did be glad you did.

Wishing us all a successful year!

MEET OUR INDEPENDENT NETWORK DIRECTORS

MEET OUR INDEPENDENT NETWORK DIRECTORS



BODYGARDE BODY CREAM, HAND CREAM, & LIQUID GOLD



Becoming a Healthgarde Network Director is no easy feat but well worth it. Those who have achieved this status enjoy preferential benefits from day to day programs to being involved in management decisions.

Apart from earning the BIG Bucks, Directors get recognized regularly and specially at every Healthgarde event. Even during travel incentives, they receive special gifts, treatment and recognition.

These 3 ladies who are currently Directors are some of the most hardworking Healthgarde consultants. They do not relent and between them, they own lots of properties, cars and many other assets.

DIR., MARIAM OBOH

My name is Director Mariam Oboh and I am a Healthgarde consultant/Director.

I joined this business some years ago and have had great achievements both financially, health wise I have also travelled far and wide.

The year 2024 has been a challenging year but God almighty has not disappointed us thus far. I have been able to recruit new downlines who have reached the peak of the business and have had great achievement which has also increased my earnings.

I have always believed that great leaders must produce leaders and not followers. My greatest achievement for the year 2024 is the new leaders I have produced and the impact it has had on them financially and exposure wise. These leaders have been able to travel abroad.

The other achievement personally is that my children today have gained admission into some of the best private universities and I'm able to support my husband financially and otherwise. This is in addition to the properties and cars that I have.

My encouragement to women out there is not to look at the economic situation of the country but join the Healthgarde business and change their world, because I am a living testimony.



DIR., GBEKE ALOKO

My name is Dir. Aloko Gbeke Mary aka Mary Money. I am from KOGI STATE in Nigeria,

I have a bachelors Degree (BA AGRICULTURE); a graduate of University of Ilorin, KWARA state, Nigeria. I am happily married and blessed with beautiful children.

I joined Healthgarde International in February 2008. (16years now). Currently I am a Network Director and stockist in Healthgarde International.

From my humble beginnings as a trader of Kunu and Zobo drinks and later owning an exotic boutique in Lagos I never found fulfillment as a graduate. I wanted more. The transition to a thriving network marketer with Healthgarde international has been nothing short of extraordinary.

Central to this success is the pivotal role of our esteemed personality, the CEO of Healthgarde my Upline, MRS LOVELYN NNEKA NWARUEZE, who introduced me into this business February 2008, She is my Network marketing role model, mentor and visionary leader.

I extend heartfelt appreciation to my Downlines for believing in me - through highs and lows your commitment to our collective vision has been the cornerstone of our achievements. I am humbled and inspired by the hard work, resilience and unwavering faith you exhibit year in year out especially my team within Lagos State and also her environs, outside Lagos State WARRI, AGBOR, ASABA, SAPELE, AKWA IBOM, KANO, ABUJA, ONDO and many more.

One of the proudest chapters of this journey is the impactful leadership development within my team. Beyond personal success, my commitment to mentorship has produced outstanding leaders who, in turn, have perpetuated a legacy of success within their teams and the organization. Witnessing

their achievements, including producing a maintaining INDEPENDENT DIRECTOR Rank and the queen of highest Group sales volume, four times consecutive Star of Africa in my second generation, in person of DIRECTOR MARIAM OBOH aka the star herself is a source of immense pride.

My global ventures, traveling to over 40 countries all expenses paid trips, obtaining visas to major continents like USA, EUROPE, ASIA and AFRICA participating in conferences and Vacations have not only enriched my perspective but have also been a conduit for sharing experiences and fostering a sense of unity and Motivation of 'if I can you can'. This is what led to our slogan "NO RETREAT NO SURRENDER" within the team.

Additionally, I have been privileged to serve as a STOCKIST in my current location (11/12 GOLDRIM PLAZA, YAYA ABATAN, AJAYI JUNCTION, OGBA LAGOS, for Healthgarde International for the past 13yrs (THIRTEEN) and counting. As part of my achievements and recognition, including being crowned Three Times Star of Africa and consistently excelling in recruiting, team building, and group sales volume, this serves as a reminder of the collective triumphs we've celebrated.

However, beyond the accolades, the true measure of success lies in the impact on individuals—the dreams realized, houses built, exotic cars owned, graduates produced, Financial Independent Men and Women, Moderate to Balance lifestyles, numerous overseas all expenses paid trips, exotic five star hotels and healthy cuisines, and the diverse experiences shared.

As we reflect on these achievements, my aspirations for the future within HEALTHGARDE are anchored in continued growth, both personally and for the entire team. Raise our Earnings, get more recognitions and travel out, I envision a future where our collective success continues to break ceiling glasses and barriers, inspire others, thriving even in the face of harsh economy and leave an indelible mark on the landscape of network marketing.

In closing, I extend my deepest gratitude to HEALTHGARDE INTERNATIONAL for providing a platform where dreams can be realized and where success is not an individual pursuit but a shared journey.

As I reflect on my remarkable journey within HEALTHGARDE International, I am compelled to extend my heartfelt appreciation to the entire management team home and abroad. With special acknowledgment to our CEO- MRS LOVELYN NNEKA NWARUEZE, our COO Mrs LOVELYN BASSEY, Mama SIBONGILE MAZIBUKO, MAMA CHRISTINE BORRETT, CHARITY IKHEDIFE. They played a major role in my achievements, unwavering support, and the orchestration of impactful trainings have been the backbone of my success and that of our dynamic team.

This testimonial is a celebration of the remarkable odyssey we've undertaken together, and I eagerly anticipate the chapters yet to be written in the pages of HEALTHGARDE INTERNATIONAL'S ongoing success story.

TOGETHER WE FLY.

MEET OUR INDEPENDENT NETWORK DIRECTORS



"May Almighty GOD continue to bless and keep Healthgarde international. Join Healthgarde today and your life will be transformed for good."

DIR., EBERE OBODOZIE

My Name is Dir. Ebere Obodozie (AKA Mama Cash) a Healthgarde Network Director, and Achiever.

I was a grocery seller for 4yrs with nothing to show, I didn't have bank account and lived in a room and parlor self-contained. People called me "local woman" but when I joined Healthgarde, Healthgarde brought out the potential in me and turned me into a celebrity and international woman.

Today my name has changed to "Mama Cash" because Healthgarde has changed my world.

Today I live in a mansion of my own with other properties in and outside Lagos State. I drive exotic cars of my choice. Healthgarde also gave me a machine VENZA JEEP. I have travelled to over 50 Countries of the world, all expenses paid trip by Healthgarde International. I have been to USA, Thailand, Brazil, Portugal, Turkey, Argentina, Italy, Spain, France, Vietnam, South Africa, Paris, Singapore etc....

In fact, I just came back from Cape Town and Cape Town is filled with unique attractions and natural beauty. I enjoyed the meals, the yacht cruise and the Table Mountain. It was a fantastic experience. Thanks

to Healthgarde International, you are the best.

I have produced Leaders in this business; Senior Executive, Achievers and Executives. They have also been blessed in this business, many of them have built houses and bought cars of their own choice too.

I am grateful to the entire management and Staff of Healthgarde especially the CEO, Mama Lovelyn Nwarueze. Mama is my role model and a mother indeed. Mama has been the best thing that happened to my life. Thank you Mama for bringing this business because through you millions of lives have been changed.

May Almighty GOD continue to bless and keep Healthgarde international. Join Healthgarde today and your life will be transformed for good.

Stronger Together!

"Today my name has changed to "Mama Cash" because Healthgarde has change my world."

CONVENTION COMING FEBRUARY 2026

**ASK
YOUR
DEPOT**

**THERE WILL BE MONTHLY DEDUCTIONS TOWARDS
CONFERENCE FEE FROM GROUP CONSULTANTS TO
DIRECTORS STARTING MAY 25 COMMISSIONS**

Healthgarde Convention

Healthgarde is a place where we recognize hardwork and dedication. Apart from our consultants earning profit, commissions; incentives, overseas trips and many more, we also have our annual red-carpet events in Nigeria and South Africa where we recognize the top Achievers on the key performance indicators.

In 2023, we crowned the 2022 Business Leader for West Africa, Network Director Ebere Obodozie, Business Leader for South Africa, Jabulani Mbatha. The biggest award of the year, 2023 went to Mama Cash, Ebere Obodozie.

Looking forward to the 2024 Convention, we have crowned the 2023 Business Leader for Southern Africa, Sikhona Mbatha and look forward to crowning the 2023 West African Business Leader of the Year and also the Star of Africa for the year 2023.



Healthgarde Convention

We don't only give recognitions at convention; we also have a fantastic time of celebration!





It was a major blessing to have a baby born at the grand finale Wazobia Regional Conference in Lagos



Healthgarde Air

TRAVEL TO SOUTH AFRICA 2024

Healthgarde Air

TRAVEL TO JOHANNESBURG, SOUTH AFRICA, 2024



Healthgarde Air

CAPE TOWN INCENTIVE 2024

Healthgarde Air

MEMORIES FROM CAPE TOWN, 2024

Fly with HEALTHGARDE

Fly with HEALTHGARDE



Cape Town trip included Table Mountain and unforgettable memories. Indeed Hardwork Pays. God bless Healthgarde for the awesome experience. My Company My Pride - Ndiamaka Anosike



Life is sweet in Healthgarde International. We had Lunch on a Private Yacht cruise. It was an all expenses paid trip like no other. My Healthgarde, My pride - Benita Okonkwo (SOA, 2023)

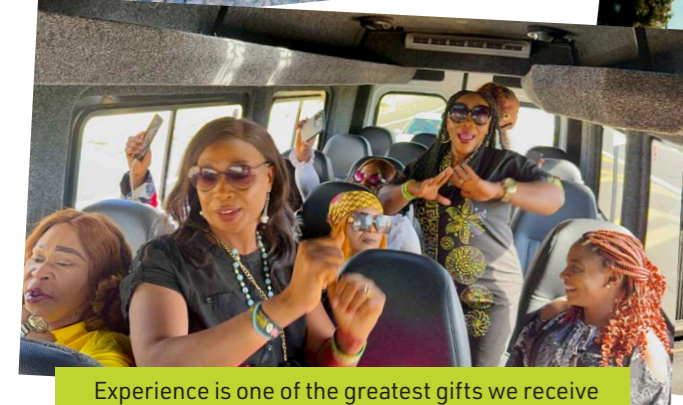
Experiencing four seasons in one day was remarkable! The yacht cruise, incredible lunches, and soft, fluffy hotel pillows made my stay unforgettable - Dir, Gbeke Aloko



I really enjoyed table mountain and the cruise. To behold the wonders of Nature was a memorable experience. Thanks to Healthgarde International for the luxury exposure - Judith Amaogo



If you do the work, you get rewarded. Cape Town was a perfect reward for hard work. Healthgarde International, Stronger Together - Justina Akinbo



Experience is one of the greatest gifts we receive in life; a part of our future memories. Robben Island was a great experience and the cruise in a private yacht is one of my unforgettable memory in Cape Town - Dir, Mariam Oboh



Capetown Table Mountain was an amazing soul-touching experience that I will forever cherish. Healthgarde Is The best - Aina Bolante



Cape Town is filled with unique attractions and natural beauty. I enjoyed the meals, the Cruise on a yacht, Table Mountain and the Shopping we did at the Mall. It was a fantastic experience - Dir, Ebeke Obodozie



ACHIEVERS CLUB

HEALTHGARDE ACHIEVERS PROGRAMME
BY INVITATION ONLY

THE BENEFITS OF THE ACHIEVERS CLUB INCLUDE:

-  Fantastic **welcome gifts** for all new members
-  **Special recognition** at company events
-  **Other benefits** will be added from time to time
-  **Achiever only incentives** several times a year
-  Specialised **business education** programmes

The Achievers Club is a club of high performing Healthgardians from various rank. It is currently the only Healthgarde club that is based solely on monthly performance despite your rank.

We celebrate all our 2024 Achievers.



DIR. MARIAM OBOH



DIR. EBERE OBODOZIE



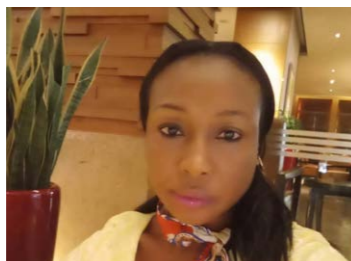
DIR. GBEKE ALOKO



BENITA OKONKWO



NDIDIAMAKA ANOSIKE



JUSTINA AKINBO



JUDITH AMAOGO



AINA BOLANLE

Achievers **2024**



FATIMAH SALIHU



JULIANA IDAKPO



IFEOMA OLUWASEYITAN



CYNTHIA ENETE

Being an Achievers Club member is no easy feat but the monetary reward is well worth it.

Achievers also get annual incentives and recognitions.



HEALTHGARDE
ENTREPRENEUR CLUB



Congratulations
to Our
ENTREPRENEURS CLUB
MEMBERS



OBIAGELI LOTA AZUSU



IJEOMA OBIAGELI EZE



IJEOMA TINA UZOECHI



OLORUNSOLA YEMI OLUBUKOLA



HEALTH GARDE INTERNATIONAL

Accolades

TOP FAST START NIGERIA 2023

Our Fast Start Programme is an exciting way for new recruits to get their business off to a flying start. New recruits who use this programme during their first three months earn more, receive free products and move up the ranks quickly. Every month we are amazed by the performance of our Fast Start participants!

IMMUNE BOOSTER PACK COLD, FLU, CATARRH, COUGH, MALARIA



TOP FAST START 1 EARNERS NIGERIA



TOP FAST START 2 EARNERS NIGERIA



FAST START 2 DISCONTINUED FROM SEPTEMBER 2024 TO FOCUS MORE ON FAST START 1 AND 3

TOP FAST START 3 EARNERS NIGERIA



WELL DONE!



Accolades

TOP FAST START RECRUITERS 2024

FERTILITY PACK MEN / WOMEN, PREGNANCY



Recruiting a new person into the business is only the first part of the process. Our top Fast Start recruiters then work with their new recruits to introduce them to Network Marketing and teach them the necessary skills to succeed. Those who participate in our Fast Start programme earn more, move up the ranks quicker and achieve their goals sooner than those who do not.

Congratulations to our top Fast Start Recruiters and a big thank you for all your hard work.



IFEOMA IDOKO
JANUARY, FEBRUARY,
NOVEMBER 2024



NDIDIAMAKA ANOSIKE
MARCH 2024



JUDITH AMAOGO
APRIL, MAY, JUNE, JULY, AUGUST,
OCTOBER, DECEMBER 2024



CHIWENDU IKE
SEPTEMBER 2024

Accolades

TOP RECRUITERS 2024

PROSTATE HEALTH PACK



Our business is about sharing and caring. When a consultant shares our business opportunity and our products with their prospects, friends, family and colleagues it gives them the opportunity to make a difference in their lives. Our opportunity gives people a chance to earn an income or a second income during these difficult economic times. Our expert recruiters have been helping to put food on the tables of many, many people all over Africa.

Let us congratulate and celebrate them for the good work that they do.



IFEOMA IDOKO
JANUARY, FEBRUARY,
NOVEMBER 2024



NDIDIAMAKA ANOSIKE
MARCH 2024



JUDITH AMAOGO
MAY, JUNE, JULY 2024



DIR., MARIAM OBOH
APRIL, AUGUST, OCTOBER 2024



CHIWENDU IKE
SEPTEMBER 2024



NNONYE MARY-ANN
DECEMBER 2024

TOP BUSINESS BUILDERS (MOVE UP) 2024

TOP GROUP SALES VOLUME (GSV) 2024

STRESS BUSTER PACK



One of the best ways to increase your earning capacity and overall earnings in Healthgarde is to "Move Up" the ranks. With each level up, your earning percentage increases by several points. You can literally double your earnings just by moving up and maintaining. Therefore, it is not only important that a consultant moves up but that their downlines also move up because when your downlines earn well, they are happy and motivated, which creates an overall healthier and wealthier team.

HEALTHY BLOOD SUGAR PACK



Group sales volume is calculated by adding together the leader's Personal Sales and the Personal Sales of their down line and this has a direct impact on earnings. To achieve success in GSV is to commit to your business as you follow up and lead your downline to achieve their paid as titles to ensure that you achieve your GSV goal. This takes dedication and leadership, investing in your power hour, and keeping in contact with your team throughout the month.



EMMANUEL ENIOLA
JANUARY 2024



AINA BOLANLE
FEBRUARY 2024



NDIDIAMA ANOSIKE
MARCH 2024



OSU ADENIKE
APRIL 2024



JUDITH AMAOGO
MAY, JUNE, JULY, SEPTEMBER,
OCTOBER, NOVEMBER 2024



DIR., MARIAM OBOH
DECEMBER 2024



DIR., MARIAM OBOH
JANUARY, FEBRUARY,
MARCH, APRIL, MAY, AUGUST,
SEPTEMBER, DECEMBER 2024



JUDITH AMAOGO
JUNE, JULY, OCTOBER,
NOVEMBER 2024



Accolades
**ENTREPRENEURS OF THE MONTH
NIGERIA 2024**

Every month an Entrepreneur is recognized for Western Africa. This person is usually someone who embodies the entrepreneurial spirit of doing what it takes to push their Healthgarde business and also working with their team members to grow.

**WEIGHT MANAGEMENT
RANGE**



JUDITH AMAOGO
JANUARY 2024



DIR., MARIAM OBOH
FEBRUARY 2024



NDIDIAMA ANOSIKE
MARCH 2024



IFEOMA OLUWASEYITAN
APRIL 2024



NNOYE MARYANN
MAY 2024



CHINAMUNWA ANUMBA
JUNE 2024



CYNTHIA ENETE
JULY 2024



BENITA OKONKWO
AUGUST 2024



OSU ADENIKE
SEPTEMBER 2024



GBEKE ALOKO
OCTOBER 2024



EBERE OBODOZIE
NOVEMBER 2024



AINA BOLANLE OYIN
DECEMBER 2024



HEALTH GARDE
INTERNATIONAL

Accolades

TOP EARNERS 2024

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Congratulations to our top Fast Start Recruiters and a big thank you for all your hard work.

HEALTHY TEA PACK



Top Earners 2024



DIR., MARIAM OBOH



EBERE OBODOZIE



GBEKE ALOKO



JUDITH AMAOGO



CHIWENDU IKE



AINA BOLANLE



BENITA OKONKWO



IFEOMA IDOKO



FATIMAH SALIHU



PATIENCE EZIUKWU



JUSTINA AKINBO



JOY OKAFOR



CYNTHIA ENETE



IFEOMA OLUWASEYITAN



BLESSING OKOJIE



CHINAMUNWA ANUMBA

Testimonials

TOGETHER WE CAN INSPIRATIONAL STORIES



Every Healthgarde consultant was convinced to become a consultant by the effectiveness of the products and the success of the business opportunity. It goes beyond what you are told but rather what you experience.

There are thousands of testimonials from customers and consultants with various ailments from Arthritis to fertility issues (and more) who have used Healthgarde products and have testified to the benefits and outcomes.

There are many more who have changed the story of their families from poverty to riches and have invested in assets to secure their future.

Contained here are just a few of the testimonials of why we believe Healthgarde should be In Every Home.

LOVELYN BASSEY

Testimonials

TOGETHER WE CAN INSPIRATIONAL STORIES



**CHINYERE BENITA
OKONKWO, EXECUTIVE.
STAR OF AFRICA, 2023**

A JOURNEY OF GRATITUDE AND INSPIRATION.

My name is Achiever Benita Chinyere Okonkwo. I am an Achiever, Executive and The Star of Africa for 2023.

When I reflect on the incredible journey that led to being crowned the Star of Africa by Healthgarde International for 2023, I am overwhelmed with gratitude, joy, happiness and a deep sense of purpose. This recognition is not just a title but a symbol of perseverance, passion, focus, determination, I'm ready to say no to poverty and the impact of staying committed to a vision that uplifts lives.

The efficacy of the products cannot be expressed with words. I have treated people that have cancer, people that are looking for fruit of the womb, people that have diabetes, Arthritis, Rheumatism, High blood pressure, Infection, Low sperm count, Weak ejaculation; all was achieved by using Healthgarde International company products.

Healthgarde International has transformed my life in ways I never imagined. Through this remarkable organization, I have not only achieved personal growth but have also had the privilege of traveling to more than 10 countries of the world. The recent one is traveling on an all expenses paid trip to South Africa: Johannesburg and Cape Town for royalty. The most wow of it is having our lunch on a private yacht Cruise. Another one was visiting Table Mountain in

Cape Town South Africa. Each destination has been a testament to Healthgarde's commitment to excellence, giving me the opportunity to experience the beauty of different cultures while forging unforgettable memories.

These journeys are more than vacations; they are affirmations of the rewards of hard work and belief in the power of teamwork and leadership. From breathtaking landscapes to empowering conferences, every moment has reminded me of the limitless possibilities that arise when you align with a vision-driven organization like Healthgarde. They will reward you on all efforts that you put in. I have built my own mansion in Lagos State and building another mansion in Anambra state. I am among the great Achievers that qualified for car award from Healthgarde. Today my husband calls me my honey, my love, because of my great contribution in my home.

To my mentors, colleagues, and team members—this achievement is ours. You have been my pillars of support, my source of inspiration, and my motivation to push boundaries. To those aspiring to greatness, let my story remind you that dreams are achievable when coupled with dedication, a positive mindset, and working with your team members. Teaching them all they need to succeed in the business.

Healthgarde International is not just a business; it is a movement that empowers individuals to dream bigger, achieve more, and leave a legacy. I am honoured to represent the values of this incredible organization as the Star of Africa.

As I continue this journey, my goal is to inspire more lives to join this transformative family. Together, we can create a ripple effect of change, spreading health, wealth, and happiness across the globe. More especially removing poverty of many homes by saying yes to our noble company.

To everyone reading this: let this serve as your reminder that you are capable of achieving greatness. Embrace opportunities, surround yourself with visionaries, and never stop believing in your potential. Because if I can do it, you can do it better. Healthgarde international is a place to be. It is a place that when you remain focused, the sky will be a starting point.

I want in a special way to appreciate our CEO of Healthgarde International, a visionary and great woman. My appreciation also goes to our COO the chief operation officer for Healthgarde International; our digital brain box, elegant beautiful queen, I say thank you so much. And to all management staff mama Christine, thank you so much our great International Sales Executive. Our marketing manager in the name of Madame Charity I say thank you so much, and to the entire staffs especially our training manager Mr Ike all the entire staff, you all are great.

Thank you, Healthgarde International, for believing in me and for giving me this platform to shine. I am ready to continue soaring and making an even greater impact in 2025 and beyond!

Testimonials

TOGETHER WE CAN INSPIRATIONAL STORIES



no solution. She introduced the Healthgarde products to me and assured me of a favourable result from the use of the products.

I can boldly say that within two (2)days of introducing Healthgarde products to my husband, everything about his health condition started to change positively. Nothing short of a miracle! My husband became very strong again and my joy knew no bounds. People started asking me what my husband used and the result gave me the boldness to start telling others about the products. Healthgarde International has really helped me to find solution for people facing similar challenges and other health challenges. I have numerous testimonies from people ranging from cancers, infertility, infections, ulcers, diabetes and so on. The efficacy of the products is second to none.

Today, to the glory of God, my desires were accomplished beyond my imagination. I am now a financial woman and most importantly, the good will messages I receive from people who have benefited financially and health-wise gladdens my heart. Through this great company, I have travelled to over ten (10) different countries, all-expense paid trips to choice destinations in Indonesia, Singapore, Portugal, Turkey, Vietnam, different locations in South Africa, Dubai and so on. I am driving cars of my choice, landed properties and I have been able to send three of my younger brothers overseas and they are doing amazingly great. I have built a house for my family and currently on a house project for myself.

Honestly, Healthgarde International company has really changed my life and family.

We live in Healthgarde International

We swim in Healthgarde International

We dine in Healthgarde International

Stronger Together.



"Healthgarde International has really helped me to find solution for people facing similar challenges and other health challenges. I have numerous testimonies from people ranging from cancers, infertility, infections, ulcers, diabetes and so on. The efficacy of the products is second to none."

**CHINWENDU IKE,
SENIOR EXECUTIVE**

My Name is Chinwendu Ike. I am a Senior Executive and an Achiever in Healthgarde International.

Healthgarde International began to play its role in my life when I met my upline and my Director, Dir Mariam Oboh. I explained my ordeal to her because my husband had cancer of the lymph nodes which had taken us to different hospitals including Forthis hospital New Delhi (India), yet

Testimonials

TOGETHER WE CAN INSPIRATIONAL STORIES



"I advise both new and experienced consultants to remain resolute, increase their drive, and take full advantage of the opportunities the company offers to make money."

**SUNDAY ILUPEJU,
SENIOR MANAGER**

MY JOURNEY SO FAR IN HEALTHGARDE INTERNATIONAL

My name is Sunday Oluwasanmi Ilupeju, also known as 'Mr. Rockgarde.' I hold a Bachelor's degree in Biochemistry from Obafemi Awolowo University, Osun State. Currently, I am a Senior Manager, a member of the Entrepreneurs' Club, and a coach at Healthgarde International. I am happily married and blessed with children.

My journey with Healthgarde International began after attending a health seminar at my church. The seminar was organized by Mrs. Elizabeth Ochuda, who is now my upline, after I registered as a member of Healthgarde International. The seminar was presented by Healthgarde Executive, Mrs. Charity Ego Onwumere, fondly called 'Chacha,' who did an excellent job of communicating the benefits of these wonderful organic products.

I had been dealing with a serious health issue that had drained my finances in the search for remedies. I was suffering from sexual dysfunction/weakness. After just two weeks of using the products, I noticed a significant improvement in my strength, especially in the 'other room.' I started experiencing a renewed sense of vitality, and this motivated me to register and begin sharing these products with others who were facing similar health challenges.

These natural, herbal supplements have completely relieved me of the ailment. Today, I am pleased to share that at least three of my friends who were struggling with the same condition are now enjoying healthier relationships

and better marriages, thanks to the efficacy of these supplements.

Initially, I didn't fully engage in the business, but the positive feedback I received from people using the products encouraged me to dive deeper into this wealth-creating opportunity. The sexual libido booster, "Rockgarde," has even earned me the nickname "Mr. Rockgarde," due to my passion for reaching out to men who suffer from sexual weakness and introducing them to the products.

After working diligently in the business, I was fortunate to be part of the company's travel program, which offers consultants the opportunity to go on vacation every year. This year, I was part of the team that traveled to South Africa. The trip was a wonderful sightseeing tour, and we had a great time holidaying while the host communities took great pride in our presence.

I advise both new and experienced consultants to remain resolute, increase their drive, and take full advantage of the opportunities the company offers to make money. The Healthgarde system is reliable, trusted for wealth creation, and ensures that anything related to health and well-being is guaranteed.

Healthgarde my pride!

Stronger Together

Testimonials

TOGETHER WE CAN INSPIRATIONAL STORIES

"My expectations in no distant time by the grace of God is to attain directors level and open wellness centres within and outside Lagos so that they products can be more accessible to people and affect more lives."

CHARITY ONWUMERE, EXECUTIVE



My name is Charity Onwumere. I am an Executive and an Achiever with Healthgarde International.

My journey into multilevel marketing started with swissgarde five years ago from where we migrated to Healthgarde international

Before joining Healthgarde, I had a very negative mindset about multi-level business and was running my own supermarket business where I felt like a queen in her kingdom, enjoying all the trappings of power and royalty, not knowing I was rusting and pinning away in total disuse and misuse. When I finally joined the Healthgarde business, I shouted euraka! for I have now

discovered myself as a trained talker, who obtained a degree in Journalism.

Within a record time, I climbed to the Executive rank consultant with a squad at my beck and call.

I joined Healthgarde to improve my family's financial status, socialize, network and affect people health-wise. So far, today I can safely say without any fear of contradiction that I am a fulfilled lady who is undoubtedly enjoying what she is doing, affecting lives in many more ways than one. My financial contribution to my immediate family is quite obvious as my husband showers praises on me almost always. My extended family are not left out as I placed my late mum on monthly salary, which I could not do while in the supermarket. Nephews and Nieces who are undergraduates are not left out in the sharing of Healthgarde monthly largesse. In the same vein financial commitments in my church and fellowship is unprecedented, courtesy of Healthgarde business.

Also my downlines whom I call my success-line are grateful to me for bringing them into the business as they shower me with gifts and prayers at any given opportunity.

The most interesting part is the feed back I get on daily basis on the efficacy of our products. Just recently a call came from Taraba state saying our fertility pack which we marketed online has produced a baby and a referral has followed suit. Also feed back from my cancer patients gladdens my heart.

My expectations in no distant time by the grace of God is to attain directors level and open wellness centres within and outside Lagos so that they products can be more accessible to people and affect more lives.

My Healthgarde journey has been one of no regrets considering how many lives I have touched within and without.

Healthgarde!

Stronger Together
No retreat and no surrender.

Testimonials

TOGETHER WE CAN INSPIRATIONAL STORIES



"Your past does not define you; your choices do. Take the leap, embrace the journey, and watch as your life transforms."

ABDULLAH TAIWO, MANAGER

From Near-Death to a Life of Purpose: My Transformative Journey with Healthgarde

My name is Abdullahi Sharafadeen Taiwo, fondly known as Dr. SATO. My story is one of hope, transformation, and resilience, all made possible through the grace of God and Healthgarde International. At just 15 years old, while still in SSS 1, I found myself on the brink of losing everything, including my life.

It started with a health crisis so severe that I was hospitalized for over two weeks in a private hospital in Ogun State, tethered to oxygen just to breathe. My parents were pouring every resource they had into saving me, but my condition showed no signs of improvement. My father, burdened by both worry and financial strain, was at a breaking point. Despite the endless treatments, scans, and medications, nothing was working.

One day, in desperation, my father called my mother to discuss my condition. She asked about the treatments I had received. My mum is a professional nurse, but my father, frustrated, urged her to come see for herself. At the time, my mother had been quietly advocating for Healthgarde products within her circle, but my father had dismissed them as just another unproven remedy.

When I was finally discharged, I was far from healed—weak, frail, and emotionally drained. That's when my mother decided to take matters into her own hands. She brought two products: Aloveite and Hair, Skin, and Nails. Despite my father's doubts, she insisted I start using them immediately.

What happened next can only be described as miraculous. Within three days of using the Healthgarde products, I began to feel

significant relief. My energy returned, my breathing normalized, and my overall health began to improve. My father, initially sceptical, was stunned. He couldn't believe the transformation he was seeing. Within a week, I was stronger than I had been in months, and my father called my mother to share the incredible news.

Encouraged by the results, my mother suggested I come to Lagos for further treatment. There, she ran comprehensive tests at her hospital, and it was confirmed that I had been battling asthma. She immediately provided me with the complete Healthgarde Asthma Pack, which I used diligently for three months. By the end of the treatment, I felt completely healed. Not only was I free from the grip of asthma, but I was also stronger and healthier than ever before.

Discovering the Business Side of Healthgarde

My introduction to the business side of Healthgarde came unexpectedly. While staying with my mother's upline, Hajia Fatimah, I accompanied her to the Healthgarde recognition event. That day, I witnessed something I had never seen before: people from all walks of life—young and old, educated and uneducated—being celebrated for their success in the business. It was a revelation.

Up until then, I thought opportunities like this were reserved for certain people, but I realized that Healthgarde is for everyone. Inspired, I decided to join, though I was still a High school student. My first sale was to a woman my mother had been prospecting for months. With patience, persistence, and a genuine desire to add value to her life, I convinced her to try the products. Her results spoke volumes, and that success gave me the confidence to keep going.

Back in school, my transformation didn't go unnoticed. My classmates, juniors, teachers, and even the principal were amazed at how healthy and vibrant I looked after such a severe illness. When they asked me about my secret, I introduced them to Healthgarde products. That marked the beginning of my journey as a young entrepreneur.

My first earning from Healthgarde was 6,704—a significant amount that filled me with pride and motivation. It wasn't just the money that excited me; it was the realization that my efforts were being rewarded. Over time, I began to earn more, and within a year, I had achieved milestones I never thought possible. I started paying my school fees, contributing to my siblings' education, and supporting my family in ways that made me proud.

Healthgarde didn't just transform my health and finances—it reshaped me as a person. Before Healthgarde, I lacked confidence and couldn't imagine addressing large groups of people. But as I engaged with customers, shared my story, and built my network, I found my voice. Today, I stand proud as a motivational speaker, inspiring others to believe in themselves and pursue their dreams.

This company has taught me the value of resilience, hard work, and the power of adding value to others' lives. Through Healthgarde, I discovered my true potential and realized that my journey could inspire others to transform their lives as well.

A Grateful Heart to Healthgarde International

I owe my deepest gratitude. This company doesn't just sell products—it empowers people, builds dreams, and transforms lives. I am living proof that Healthgarde is more than a business; it is a family, a movement, and a catalyst for change.

A Message to You

To anyone reading this, I want you to know that your challenges are not the end of your story—they are the beginning of your breakthrough. If someone had told me that the boy lying in a hospital bed, struggling to breathe, would one day pay his own school fees, support his family, and inspire others, I wouldn't have believed it. But here I am, a testament to what's possible when you take a chance on something that could change your life.

Healthgarde is not just a company; it is an opportunity to rewrite your story, unlock your potential, and create a future filled with purpose. So, I leave you with this:

"Your past does not define you; your choices do. Take the leap, embrace the journey, and watch as your life transforms."

Testimonials

TOGETHER WE CAN INSPIRATIONAL STORIES



"I encourage all Healthgarde consultants to embrace our slogan, "Together We Can," and to approach this business with unity, avoiding rancor or bitterness, so that we can all succeed together."

OSU ADENIKE, EXECUTIVE

My name is Osu Adenike, and I am a retired public servant from Lagos State. I served in the Lagos State Government for 35 years. For 25 of those years, I taught French, became a Head of Department in the Teaching Service Commission for 7 years, and later became the Head of Department for Teachers' Pension before I retired. I am currently serving as a Magistrate in Lagos State. I am married, with children and grandchildren.

I joined Healthgarde after Pastor Mrs. Bolanle Aina invited me to attend a Monday training session. Initially, I joined reluctantly because I had never been involved in network marketing throughout my career. However, after attending the Move-Up/Recognition event and seeing how people celebrated each other's achievements, I realized I had made a good decision. Although I joined for the fun and excitement, today I am highly passionate about this business.

When I joined Healthgarde, I bought the products for personal use to test their efficacy. One of the first products I tried was Alovite, and to my amazement, a growth I had struggled with for a long time disappeared after just two weeks of use. I shared the product with a few friends, and they also confirmed its effectiveness. In my first month, I received 9k (which I didn't even know I had earned), and

the following month, my earnings grew to 27k. That was when I realized that I needed to pay attention to this business. I was told that all I needed to do was talk to people, and I thought, "I've been talking as a teacher for 27 years, this won't be a problem!" So, I began to engage with the business properly, and my earnings began to rise. Although I had never been involved in networking before, the compensation plan is truly rewarding. All it takes is proper training and asking the right people the right questions.

In less than two years of doing this business, I have touched so many lives with the products and the business opportunity. The highlight of my journey was traveling to South Africa with Healthgarde. I had traveled abroad before, but this particular trip was different. Traveling as part of a group was fun, and Healthgarde pampered us by taking us to amazing places like The Carnivore, where we tried meat of various wild animals, the Museum of Illusion Restaurant in Rosebank, Monte-Cassino, Pretoria, and we also went shopping at China Town in Johannesburg. It was an unforgettable experience.

My philosophy in life is that whatever I do, I must do it with all my heart. Now that I have a good understanding of the products and compensation plan, I talk about the business everywhere I go. Whenever I attend any party, the gift I present to the celebrant is Healthgarde products. My passion for adding value to people's lives has also led me to establish my own wellness center, where only Healthgarde products are sold.

For me, Healthgarde is a ministry. I hope that in the next 20 years, Healthgarde will be in every home in Lagos State, Nigeria, and eventually all over the world—just like Coca-Cola. My involvement with Healthgarde is a divine arrangement, and the instruction I received from God is to use the products and business to positively impact people's health and serve Him with joy.

I give all glory to Almighty God for the gift of life and for allowing me to be part of Healthgarde after retirement. I also thank Mama and the COO for saying "yes" to this vision. I am grateful to my husband for supporting my decision to join this business. I appreciate my upline and friend, Pastor Mrs. Bolanle Oyin, for introducing me to this opportunity. To all my downlines, I am truly blessed to have you. I couldn't have achieved all this without your support.

I encourage all Healthgarde consultants to embrace our slogan, "Together We Can," and to approach this business with unity, avoiding rancor or bitterness, so that we can all succeed together.

Long live Healthgarde

Long live Nigeria!

Testimonials

TOGETHER WE CAN INSPIRATIONAL STORIES



**CHINAMUNWA ANUMBA,
EXECUTIVE**

My name is Chinamunwa Anumba, I studied medical laboratory at the Abia state institute of health and practicing nurse and medical laboratory technician with the Abia state ministry of health.

I heard about Healthgarde International formally known as Swissgarde in the year 2020 through my upline Mrs Jacqueline. I backslide due to illness.

While trying to get my health back, I was at different places for medical help but it got worse by the day. Many people gave me different advice on what to do and drink but all to no avail. I almost lost hope for life but I kept believing God while searching for solution.

Eventually, I remembered Healthgarde with series of Calls from the depot and my up line Mrs. Patience Ezeukwu and began to use the products last year May 2023 and noticed a remarkable improvement. Immediately I became fully committed to the business of Healthgarde. So far it's been a fantastic experience to the point I now regret the time wasted in other places. Today I regained my sight which was the first product I used (eye pack).

The products works magic, and due to its efficacy it's now known worldwide. Many of the successes I and my team have recorded, came as a result of the effectiveness of the product which has given us the much needed confidence to want to do more in the coming years.

The compensation plan can never be compared with any other networking business I know. With Healthgarde I have earned what would have been my annual salary as a

civil servant in one month. Same is applicable to my team members who now earn amounts comparable to their two months salary in civil service in one month. And to crown it all I realized that of a truth, Healthgarde international keep to their word. Never have they failed in giving out whatever you merit.

I am passionate about Healthgarde business because the products works effectively and the company rewards you financially, making you to be a gainfully employed person. The reward process is massive, what I have earned in a month in Healthgarde International, I could not earn such amount in year in many places I wasted my time and energy to which if I do the same here, I will be a millionaire and accomplish greater things.

With what I have accomplished within the short period I have taken my business serious, plans are on the way to engage in a befitting project of my choice with what I have made and saved from Healthgarde.

My future plans with Healthgarde business is to pass the message of health through Healthgarde using my personal testimony and the countless testimonials of other happy consumers of our products. As a matter of fact, majority of my team members today were once customers who used the products and got outstanding and almost unbelievable results. Together, we want to heal the world medically by preaching Healthgarde to everyone.

I have always been amazed by the reward system in Healthgarde and then the company keeps recognizing the efforts of her consultants and rewarding them.

I have never had it this good in network marketing, (speaking from experience) real gift, money earned, profits made and lots and lots of exciting gifts, not to mention the exciting overseas travels.

Healthgarde rewards hard work. When you take your business serious In Healthgarde without allowing yourself to be distracted, the result you will get will amaze you. Healthgarde has motivated me to continue in my current trajectory and I am willing to put in more efforts as the company is very transparent in her reward process. My advice to other consultants is that everyone should be focused and work hard so that in the end positive result shall be there reward.

Finally, I want to thank greatly our mama the CEO, the COO for providing us with such a legacy company/product, my up-line Mrs. Patience Eziukwu, My team members in Aba and Port Harcourt, Mr. Ikechukwu and his team. And finally my encouraging husband who is always by my side in this business. May the good Lord be praise in Jesus name Amen.

Together we can

Testimonials

TOGETHER WE CAN INSPIRATIONAL STORIES



"The uniqueness and efficacy of Healthgarde's products give me the confidence and enthusiasm to tell people about them."

**CYNTHIA ENETE,
EXECUTIVE**

My name is Enete Cynthia Ifunanyachukwu, a Healthgarde consultant, Executive, and Achiever with Healthgarde International.

I first heard about Healthgarde in 2020 through my upline, Ifeoma Oluwaseyitan. As the saying goes, "Poverty is a disease." Poverty is an undesirable situation that no one would want to be a part of. Before I joined this company, my family was facing severe financial hardship. We couldn't pay our bills, especially our children's school fees, which forced them to attend public schools—something that was never my desire for my kids. We also had to beg just to get food and were unable to pay rent, which resulted in us living in a two-room "face-me-I-slap-you" apartment.

With the way poverty was affecting my family, I became fully committed to the business with passion because, deep within me, I knew that Healthgarde was the avenue for my deliverance from lack. Immediately, God turned our story around.

The uniqueness and efficacy of Healthgarde's products give me the confidence and enthusiasm to tell people about them. I have received numerous testimonies from my customers and family members, especially about the eye products I used to treat my daughter's eye issues, which left her doctor speechless. Additionally, the anti-aging products have made me look younger day by day.

Having studied and learned a lot about the marketing plan, I have achieved so much with Healthgarde. My husband and children are very proud of me. Healthgarde has truly turned everything around for us. We are no longer the same family

that used to depend on others for a living. The days of living from hand to mouth are over. The days of using safety pins to hold my skirts to fit are over. I have achieved so much through Healthgarde. The first thing I did was move my children from public school back to private school, and I was able to rent a well-furnished mini flat for my family.

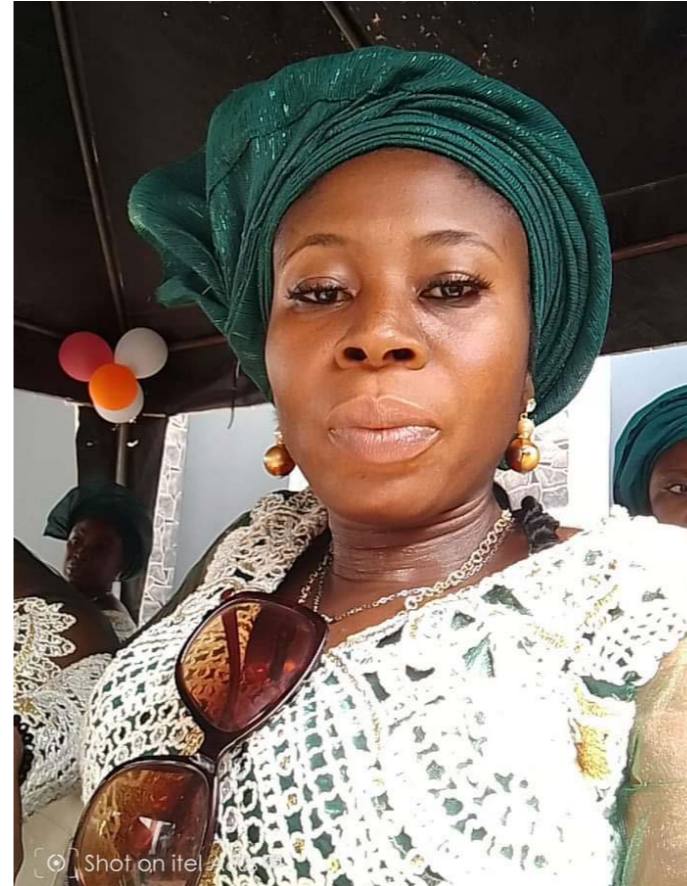
Today, my average monthly earnings are above 700k, and I am currently training my children in the university. I can proudly say that Healthgarde now pays all our bills, and I am also able to assist those around me who are in need. I have qualified for all of the company's incentives, which have drastically increased my monthly earnings. Currently, I am one of the consultants who has qualified for a Three-Night Sleepover at one of the 5-Star Hotels in Victoria Island, Lagos.

I want to use this special opportunity to express my heartfelt gratitude to our CEO, Mama Lovelyn Nneka Nwarueze, for her mentorship and for bringing Healthgarde into Nigeria; to our elegant, Ebony-Black COO, the brilliant mind behind Healthgarde's success as a company; and to my Director, Ebere Obodozie, for her leadership and guidance in the business.

In a very special way, I want to say a big thank you to my role model, Ifeoma Lucy Idoko, and my upline, Ifeoma Oluwaseyitan, for showing me the way to success in the Healthgarde business. I also want to thank my husband, my spiritual father, for his constant prayers and support. My Story with Healthgarde has just begun! Join us and let's make a difference in people's lives.

Testimonials

TOGETHER WE CAN INSPIRATIONAL STORIES



"My expectations is to add more value to people's life, buy my dream car and house and to become one of the best Directors in Healthgarde international. I thank God and mama Lovely Nwarueze for bringing Healthgarde company to Nigeria."

**JULIA CHUKWU, SENIOR
MANAGER**

Julia Mbenugbo Chukwu Testimony

My name is Julia Mbenugbo Chukwu. I am a Senior Manager and a member of the Entrepreneurs' Club in Healthgarde International.

My journey in Healthgarde started when one of my customer came to my shop and introduced the business opportunity to me. I did not listen to her because someone had introduced it to me five (5) years earlier. At this point, I had a shop where I was selling foodstuffs, with all I need to be comfortable in it. Little did I know that I was in a dangerous zone also known as "the comfort zone".

On that person's pestering and insistence, I reluctantly attended a seminar with her where I saw one of the Directors; Dir. Mariam Oboh who said that she had started earning in millions in the business and had travelled overseas with the company. After the seminar I collected the flyer hoping to join and buy the products but my husband said I should not join. So I kept that flyer in my wardrobe for five (5) years. So when the opportunity came again after 5yrs through my friend/customer, I was still not interested. Her follow-up strategy was quite annoying because she kept disturbing me. I did not know that God wanted to use her to change my life.

One day, she came to me and gave me the registration kits and said she had registered me so that she could get electric kettle incentive set by the company. I was so upset with her and asked her if it was "by force" to do the business. Thereafter, I heard a voice that said "do it". From the flyer she bought for me I started talking to people as if I had known the products for long. I started selling the products and was making money more than what I made in my foodstuff business.

The efficacy of the products made sales quite easy for me. Just by saying "yes" to Healthgarde business, God healed me of 15 years tumor on my head, not just me, God has used me to heal someone with 20 years chronic ulcer, another person with more than 16 years diabetes and High blood pressure and so many others including people suffering from fibroid, infections and so on. Healthgarde business has changed my dress-sense and empowered me mentally through the Healthgarde Academy. Financially, I can now meet my needs without having to beg. I now add value to my children and also contribute to family upkeep in my home.

My expectations is to add more value to people's life, buy my dream car and house and to become one of the best Directors in Healthgarde international.

I thank God and mama Lovely Nwarueze for bringing Healthgarde company to Nigeria.
LONG LIVE HEALTHGARDE INTERNATIONAL

ADULT OVERALL WELLNESS - TO BE USED DAILY	
Multivite for Men & Women with Moringa	Wellness Booster
Omega Plus with Omega 3,6 & 9	Body Booster & Inflammation Nurse
Aloe Vite with Green Tea, Ginseng & Sutherlandia	Immunity Protector
Pro B: 9-strain Probiotic	Gut & Immune Protector
ADULT SPECIALITY WELLNESS - TO BE USED FOR SPECIAL CONDITIONS	
40+ for Men with Saw Palmetto	Prostate Vitality
40+ for Women with Soya	Menopause Buster
A&R Garde with MSM & Glucosamine	Joint & Bone Nurse
African P + Moringa with Cayenne Pepper	Heart Protector & Inflammation Nurse
Buch Detox with Tumeric, Ginger, Dandelion & Black Walnut	Detox Booster
CalMag Plus with Vitamin D & Zinc	Bones & Joint Booster
Calmeeze with Valerian	Calm Booster
Defender with Grape Seed & Echinacea	Immunity Booster
Dia Garde with Red Leaf Vine & Cinnamon	Blood Glucose Nurse
Eyegarde with Marigold Extract & Beta Carotene	Eyesight Booster
Flat Tummy Tea with Green Rooibos, Honey Bush, Ginger & Senna	Tummy Nurse
Hair, Skin & Nails with Collagen	Beauty Booster
Kardio Garde with Vitamin K2 & D3	Heart Assist
Marina Spa Wonder Liquid with Bio Seaweed & Licorice Root	Immunity Warrior
Memory Garde with L-Tyrosine & Choline	Brain Booster
Refresh Tea with Green Rooibos, Ginger & Chilli	Immunity Nurse
Revive Tea with Green Rooibos, Fennel, Turmeric & Aniseed	Vitality Nurse
Rockgarde with Kola Nut & Horny Goat Weed	Libido Booster for Men & Women
Seavital with Kelp and BitterLeaf Extract	Digestive Nurse
Stress Garde with B-Vitamins & Vitamin C	Stress Buster
WEIGHT WELLNESS WITH SLIMGARDE	
Slimgarde Kickstart	Fat Detox Nurse
Slimgarde CLA	Fat Buster
Super Cider Plus	Fat Flusher
Slimgarde Protein Shake	Weightloss Accelerator
Slimgarde Flat Tummy Pack: Kickstart, Super Ciderx2, CLA, leaflet	Loose 4 kgs in 4 weeks with a scientific flat tummy Slimgarde plan
CHILDREN OVERALL WELLNESS	
Kidgarde Gummies	Growth Booster
BEAUTY GARDE - BEAUTY FROM NATURE	
Hand Cream with Hibiscus & Lemongrass	Hand Protector
Body Cream with Hibiscus, Lemongrass & Grapefruit	Skin Protector
Liquid Gold with Royal Jelly, Turmeric & Gold Glycerine	Even-tone Skin Rejuvenator

We have so many great testimonials about our products aiding in the treatment and management of mild to severe conditions such as Fibroids, Diabetes, High Blood Pressure, Tumors and many more.



Enjoy 15% discount
on our superior range of wellness products.



Flexible Hours
the more you work
the more you earn.



Business & Product
expert training at no
extra cost.



Personal Growth
& recognition, amazing
incentives and rewards.



Quick & Easy
registration with very
low start-up cost.



Financial Freedom
independence & security
for you and your family.



Buy & Sell Products
scientifically developed
that work & people love.



Leadership Opportunity
become an independent
Manager or Director.

6 WAYS TO EARN MORE

1. RETAIL PROFIT

2. ENROLLER BONUS

3. STEP-LEVEL BONUS

4. PERSONAL SALES BONUS

5. FAST START BONUS

6. LEADERSHIP DEVELOPMENT BONUS

The Healthgarde Wealthmaker Plan empowers you to grow your earnings sustainably over time and provides all the tools to do it. Speak to one of our Consultants to explain what a difference it can make to you and your family.

Healthgarde

INDEPENDENT STOCKIST LOCATIONS

Healthgarde Activations

HEALTHGARDE OUT AND ABOUT



HEALTHGARDE STOCKIST CENTER, OGBA
SUITE 11/12, GOLDRIM PLAZA By AJAYI
JUNCTION, OGBA. LAGOS STATE.
DIR., GBEKE ALOKO 08033128116

HEALTHGARDE STOCKIST AGBOR
OLD LAGOS ASABA ROAD TOTAL PLAZA OPPOSITE
TOTAL FILLING STATION, OFFICE 23/24 AGBOR,
DELTA STATE.
SANDRA UZOR 08063111460 OR 08105156988

HEALTHGARDE STOCKIST CENTER, FESTAC
SUITE 13, BLOCK B, AOSSE PLAZA ALAKIJA BY
FESTAC SIDE ALAKIJA, LAGOS.
IFEOMA IDOKO 08036554867

HEALTHGARDE STOCKIST CENTER, IKORODU
3 ALHAJI STREET, LADEGA OFF OJUBODE ROAD,
IKORODU GARAGE, LAGOS
OLUWASEYITAN IFEOMA 08023110317
WHATSAPP 08159045755

HEALTHGARDE STOCKIST CENTER, IYANAPAJA
NO 112, FOLARIN STREET
ALIMOSHO BUS STOP IYANAPAJA
LAGOS STATE.
DIR MARIAM OBOH 07030746045, 07051342290

HEALTHGARDE STOCKIST CENTER, OWERRI
10 MBONU OJIKE STREET, ADJACENT
CRUNCHIEST, IKENEGBU OWERRI.
ESTHER NWACHUKWU 08034812047

HEALTHGARDE STOCKIST CENTER, ABA
29 UDEAGBALA ROAD, OPPOSITE GG GAS
OSIOMA ABA, ABIA STATE.
CHINAMUNWA ANUMBA, 08068797598

HEALTHGARDE STOCKIST CENTER, WARRI
118 WARRI SAPELE ROAD OPPOSITE ENEMEJUWA
JUNCTION BESIDE TJ ISOKO BUILDING, WARRI,
DELTA STATE.
JOY OKAFOR 08030708567, 07057941117

VISIT OUR WEBSITE FOR MORE LOCATIONS



Together We Rise



HEALTHGARDE
INTERNATIONAL

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